

Ephesians 4 v 1

**I, therefore, the prisoner of the
Lord, beseech you to walk
worthy of the calling with which
you were called,**

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..... with were.....,

¹⁰ I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death, ¹¹ and so, somehow, attaining to the resurrection from the dead.

¹² Not that I have already obtained all this, or have already arrived at my goal, but I press on to take hold of that for which Christ Jesus took hold of me.

13 Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, 14 I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.

**Make me a captive, Lord,
And then I shall be free.
Force me to render up my sword
And I shall conqueror be.
I sink in life's alarms
When by myself I stand;
Imprison me within thine arms,
And strong shall be my hand.**